

Contacts

R. das Fragas (Aveloso de Sul)
3660-615 S. Pedro do Sul

Email: geral@fragasaveloso.pt
www.fragasaveloso.pt



The Association FRAGAS was founded in memory of the biologist Paula Tavares, killed in a tragic road accident caused by others. Fragas also pays tribute to Agata Sousa, an environmental engineer killed in the same accident.

Paula Tavares was born on the 3rd of November in 1972 in Almada (Pragal). She was a biologist and researcher at the Instituto Superior Tecnico in Lisbon. Paula had a PhD in ecotoxicology and was carrying out extensive research in the subject. As a social ecologist as well, she was involved in activism in the fields of environmental protection, agroecology, food sovereignty and fair trade. She was notable for defending cultural values, associateship and community action. A woman of many dreams, projects and causes, Paula took part from a young age in several struggles and demonstrations for women's rights.





About us

The Association FRAGAS was created in 2013 by family and friends of Paula Tavares and has as an objective to contribute to the conservation of the cultural and natural heritage of the parish of Sul, municipality of S. Pedro do Sul, district of Viseu. It draws its inspiration in Paula's intellectual legacy and environmental activism and in her love for the village of Aveloso do Sul.

Our objectives

- 🌿 To protect the environment and natural ecosystems supporting biodiversity and natural resources;
- 🌿 To defend the cultural heritage;
- 🌿 To promote environmental, social and cultural exchanges with the local communities;
- 🌿 To stimulate new ways of thinking about the relationship between ecology and economy (agro-ecology, food sovereignty and fair trade);
- 🌿 To promote the participation of women in associations and the community;

Ways of working

- 🌿 Deepening the knowledge of the local culture and natural heritage;
- 🌿 Rescuing element of history, both oral and written;
- 🌿 Promote activities fostering environmental education and awareness of cultural and natural values;
- 🌿 Supporting research in the fields of the environment, culture, feminism and food sovereignty;
- 🌿 Collaborating with existing networks that work towards the same objectives;
- 🌿 Promoting partnerships with other associations and local entities;

Administration

The Association FRAGAS is run by volunteers and works with volunteers. Initially it aims to organise key events related to its priority areas of action. It also aims to raise funds for projects supporting the establishment of partnerships with local associations and entities.

The Association aims to use its headquarters in Aveloso do Sul to host activities and projects developed by Fragas and other participating partners.

